

A THANK YOU FROM US

We wanted to reach out firstly to all our participants and thank you for taking the time to participate in the Rapsodi GD study.

Whether you've been involved in the study from the beginning, or have recently registered to take part, we hope you will continue to keep in touch with the study team over the coming months.

Also, don't forget to mention the study to your relatives – the more family members we can involve in the study the better!



Thank you for taking part, every bit of information gets us closer to understanding how to prevent Parkinson's developing and progressing.

Professor Anthony Schapira

OUR FINDINGS SO FAR

The Rapsodi GD study has now been ongoing in various forms since 2012. We previously published the results of the study in two papers (2012 & 2015).

These publications provided a major contribution to our current understanding of the relationship between Parkinson disease and mutations in the GBA gene.

We are also writing a paper that will be submitted within the next year, so we are hoping to reach our ambitious recruitment target before then.

AMBROXOL TRIAL

Thanks to the data we have collected so far, we were able to design a clinical trial on a drug called Ambroxol., an active ingredient in many over-the-counter medications that can be used to treat respiratory disease.

Recent studies have indicated that Ambroxol may help to reduce the build-up of alpha-synuclein, a toxic protein which accumulates in neurons and is a defining aspect of Parkinson's.

The trial recently closed and we hope to show that Ambroxol can delay the development of Parkinson disease in people that carry the GBA gene.

How you can involve your relatives



If you think anyone in your family might be able to spare some time to take part, we would be delighted to involve them in the study.



Please contact Soraya (s.rahall@ucl.ac.uk) or Marco (m.toffoli@ucl.ac.uk) if you think any of your relatives would like to take part in the study.



We can also be reached by phone on **02077940500** (extension: **31588**)

THE FUTURE OF RAPSODI

We will soon be working in partnership with Addenbrooke's hospital in Cambridge to expand the study even further, and hope to be working with other UK centres very soon.

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